



All Friends Monthly

MARCH 2026



From our pack to yours,

As the founders of All Friends Pet Care, we've had the incredible privilege of building a business around something we love most: caring for pets and supporting the families who adore them. Every wagging tail, purring cuddle, and joyful greeting reminds us why we started this journey in the first place.

This month, in honor of National Women's Month, we wanted to share a little more about our story. We wrote our chapter in Torchbearer Chronicles to reflect on our personal journeys – the challenges we faced, the lessons we learned, and the insights we wished we had when we first began. Our hope is that by sharing our experiences, other aspiring leaders – especially women – can feel inspired, supported, and empowered as they navigate their own paths.

Thank you for trusting us with your pets and letting us be part of your family's lives. We couldn't do this without you, and we're so grateful to walk this journey alongside such incredible clients and furry friends every day.

Learn more about the book [HERE](#)

Co-Owners

Beth Cotell & Pam Ahart-Steward

Pam *Beth*



SOCIAL MEDIA



All Friends Pet Care



allfriendspetcare

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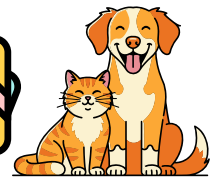
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MARCH



JOIN US IN WISHING A
HAPPY BIRTHDAY TO SOME
OF OUR AMAZING MARCH
PETS!



Plumbean



Tiny



Cosmo



Squeak



Lucky Marie



Dash



Marty





Raza

Super STAR

WE LOVE CELEBRATING
THE INCREDIBLE PEOPLE
(AND PETS!)
WHO ARE PART OF THE
ALL FRIENDS PET CARE
FAMILY.

Our amazing web developer **Nikki and her dog Raza** are doing something truly special - Raza is a canine blood donor with the **North American Veterinary Blood Bank (NAVBB)**.

Raza has officially donated **5 gallons of blood**, helping save the lives of dogs in need of emergency transfusions.

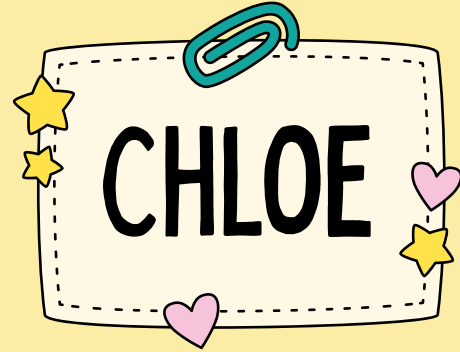
Nikki shared, "I'm so incredibly proud of Raza! She has officially donated 5 gallons of blood at the North American Veterinary Blood Bank helping save the lives of dogs in need. I love that she can give back and make a difference for other families."

Just like people, dogs sometimes need blood transfusions during emergencies, surgeries, or serious illnesses. Thanks to generous donors like Raza, veterinarians are able to help more pets when they need it most. If you're interested in learning more about having your dog become a blood donor, visit www.navbb.com for more information.





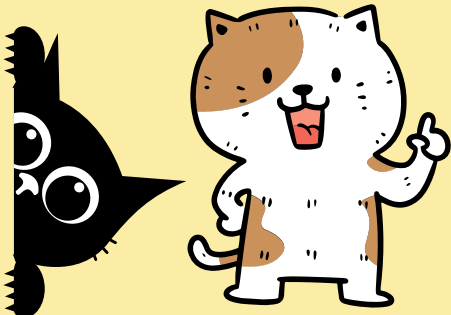
MEET OUR PET SITTERS



I'm a lifelong lover of biology and animals of all kinds. I've owned chickens, ducks, rabbits, and a goat, I've never been without a pet cat, and I had a dog that was my best friend for 11 years. In college, I worked for 2 years at a boarding/daycare facility taking care of tons of cats and dogs (sometimes up to 200 would board with us at once!) I did in-home pet care for a year before moving to Virginia in 2018 and joining AFPC.

I love getting to see the happy faces of pups and kitties each day! Each animal has their own personality and quirks, and I think it's so fun to get to know them over time. I can give pills and administer eye drops and topical medications. I have experience with senior pets, as well as pets with a higher level of fear or anxiety that need a gentle hand. I will always take my time and do everything I can to make sure your pets are happy, healthy, and getting the love and care they need!

I live in Fairfax and work in Herndon, Reston, and Fairfax.



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<https://superpetexpo.com/manassas/>



Honoring a Community Leader



All Friends Pet Care joins the community in mourning the loss of Michael Robert Frey, a longtime public servant who passed away on February 16, 2026. Michael served as the inaugural supervisor for the Sully District and dedicated 24 years to the Fairfax County Board of Supervisors, helping guide the region through decades of growth while championing transportation, parks, youth programs, and community development. Beyond his many civic accomplishments, Michael had a deep love for animals and strongly supported the Fairfax County Animal Shelter, a cause that All Friends Pet Care is also proud to support. He was known for his kindness, community spirit, and for opening his heart and home to many rescued pets over the years.

In honor of Michael's passion for helping animals in need, find the link below to view adoptable pets at the Fairfax County Animal Shelter.

[BROWSE ADOPTABLE PETS](#)